Experience America’s greatest waterfall, where you can spend hours or days exploring the region’s beauty and history. Pair your trip to Niagara Falls with a visit to the Erie Canal at Lockport, where water powered innovation and industry. You’ll see how canal engineers built the impressive Lockport Flight to solve the challenge of helping boats climb the 60-foot Niagara Escarpment. Choose from boating, cycling, and hiking options to add active adventure to your journey.

Niagara Falls National Heritage Area and Niagara Falls State Park
24 Buffalo Avenue, Niagara Falls
(716) 278-1796
http://www.discoverniagara.org

Discover Niagara Falls at America’s oldest state park and explore a region full of history, innovation and culture along a 13-mile stretch of the Niagara River. Get oriented at the State Park Visitor Center and decide how best for you to enjoy the falls. Niagara Scenic Trolley offers a 30-minute guided overview of the park; hike to Cave of the Winds to explore beneath the American Falls; or enjoy the Maid of the Mist—a world famous boat journey into the churning waters of the American and Horseshoe Falls. If you are traveling with kids, check out the Niagara Falls National Junior Ranger program, tailored for ages 7-12. Pick up Junior Ranger information at the Niagara Falls State Park Visitor Center or the Erie Canal Discovery Center in Lockport.

Erie Canal Discovery Center, Lockport Flight and Locks 34, 35
24 Church Street, Lockport
(716) 439-0431
www.niagarahistory.org

Start your visit to Lockport at the Erie Canal Discovery Center. The interactive interpretive center showcases the history of the Erie Canal and the building of the famous “Flight of Five” Lockport Locks. From there, take a short walk to the Canalside District to see the real thing. You’ll see the renowned staircase of stone locks and wooden gates built in the 1800s alongside the similarly remarkable and much enlarged Locks 34 and 35, which usher boats through the Erie Canal today.

How far? Lockport is just 22 miles from Niagara Falls, via Robert Moses Parkway and NY-31E. Consult your preferred map or map program for directions.

In partnership with the National Park Service
Experience the Power of Water

Get Active! ▼

Choose from these great options for active recreation in this area:

Hike at Niagara Falls
There are many trail options, from easy to challenging. A good place to start is the Niagara Gorge Trailhead Center (716) 282-5154.

Cycle or Walk the Erie Canalway Trail
From the Lockport Flight, you can cycle or walk along the Erie Canalway Trail. Head east along the canal. It’s a linear trail, so you can go out and back as far as you like. For a longer ride, cycle 10 miles to the canal village of Middleport and return.

Paddle the Erie Canal
Launch your kayak or canoe at the Nelson C. Goehle Widewaters Public Marina (716-434-3071), located at Market Street at Cold Springs Road in Lockport. Paddle upstream to experience locking through and return with the current. There is no fee to launch.

Take a Canal Cruise
Get on the water for a narrated tour:
Lockport Locks and Erie Canal Cruises: www.lockportlocks.com

Explore More ▼


Niagara Power Vista
5777 Lewiston Road
Lewiston, NY 14092-2199
(716) 286-6661
www.nypa.gov/vc/niagara.htm
Feel the power of Niagara Falls and learn the fascinating history and operations of hydroelectric power through interactive, engaging exhibits.

Castellani Art Museum at Niagara University
5795 Lewiston Road
Niagara University, NY 14109
(716) 286-8200
www.castellanimuseum.org
Enjoy the collection of more than 5,700 works of art. We also recommend seeing “Freedom Crossing: The Underground Railroad in Greater Niagara.”

Old Fort Niagara
4 Scott Avenue
Youngstown, NY 14174
(716) 745-7611
www.oldfortniagara.org
Tour the fort at the entrance to the Niagara River, enjoy incredible views and take part in exciting living history programs at this National Historic Landmark.

Best Bet Dining Options ▼

Both Lockport and Niagara Falls have a variety of dining options within walking distance of the attractions listed here. You’ll find sandwich shops, full-scale restaurants, local ice cream and wineries close at hand. Just a ten-minute drive north of Niagara Falls is the idyllic Village of Lewiston, which also features many restaurants.

FIND YOUR PARK

TOURISM INFORMATION
www.niagara-usa.com
www.visitbuffaloniagara.com

Find other adventures in the Erie Canalway National Heritage Corridor at www.eriecanalway.org

WESTERN ERIE REGION

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